

Preliminary Program



Academy of Aesthetic
Medicines & Surgery

Islamabad, Pakistan
18, 19, 20 August, 2017

AAMS

INTERNATIONAL ANNUAL MEETING & HANDS-ON TRAINING WORKSHOPS.



Welcome to Islamabad, Pakistan.

INTERNATIONAL ANNUAL MEETING & HANDS-ON TRAINING WORKSHOPS.

18, 19, 20 August, 2017

Dear Learners,

After the successful Hands-on training Workshops for the last two years, we have arranged the first ever KOL based Aesthetic Conference & Hands – on training Workshop 2017 on the 18th, 19th and 20th of August.

This conference will include learning with an opportunity for you to practice the application of latest techniques in guidance of renowned Dermatologists, & Plastic Surgeons.

The most significant feature of this training experience is that you will have a *platform* to share ideas with *Internationally* recognized doctors from around the globe.

We welcome you all at the exquisite learning experience.

Welcoming you,
Dr. Humayun Mohmand



Academy of Aesthetic
Medicines & Surgery

ENDORSED BY



PROMOTED BY



VENUE



18, 19, 20 August, 2017
INTERNATIONAL ANNUAL MEETING & HANDS – ON TRAINING WORKSHOPS.



Why Join Us?



Academy of Aesthetic
Medicines & Surgery

1. 70 lectures from the Top Doctors of the World, covering every aspect of Aesthetic Medicine and Surgery.
2. Featuring the most exciting Cadaver session on every part of the face and each step of filling from the Top most Anatomists and Facial Plastic Surgeons.
3. More than 20 Hands – on workshops featuring the latest trends in Fillers, Botox and Threads of various varieties. Hands – on sessions are unique with one – on – one training opportunity for every participant. Never done by any other forum.
4. Symposiums covering EBD and RF/ Ultrasound/ Threads/ Fillers and various skin enhancing products.
5. A unique workshop for Dual Plane Breast Augmentation with video demo of every step.
6. Endorsed by the prestigious ISAPS, PAPS & promoted by one of its kind IMCAS, France.
7. Meeting and Training to be held at Marriott Hotel, Islamabad which is well known for International Security Measures and Five Star Luxury Hotel in Pakistan.

*The countdown begins in the Margallas – 18th, 19th
and 20th August, 2017.*

Renowned International Faculty

INTERNATIONAL ANNUAL MEETING & HANDS - ON TRAINING WORKSHOP.
18th, 19th, 20th August, 2017.



DR. PIERRE NICOLAU
PLASTIC SURGEON, FRANCE



DR. CONSTANTINE STAN
PLASTIC SURGEON, BACAU



DR. SEBASTIAN COTOFANA
MD, USA



DR. RAMI HAIDAR
ORAL & MAXILLOFACIAL SURGEON



DR. TARIQ DAR
PRP EXPERT, UAE



DR. GABRIELLA CASABONA
DERMATOLOGIST, BRAZIL



Academy of Aesthetic
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Day 1. Friday 18th Aug, 2017

3:00 PM – 6:00 PM

LECTURES

1. Introduction & Opening Speech
Globalization in Learning ,gapping the distance – combined efforts – Thanksgiving & Agenda (12Min)
2. What is Beautiful Today and what is next? (8-10min)
3. Facial Rejuvenation-Are we heading in the right direction? Past errors and future Directions (8Min)
4. Fillers- Treatment and Trends (10 Min)
5. Personalised cosmeceuticals - Myth & Reality. Do they really work? Importance in Aesthetic Medicine (12Min)
6. Q/A (10 Min)

SYMPOSIUM 4:00 PM- 5:00PM

Personalised Skin Cosmeceutical Products care symposium –

Main Lecture Hall

SYMPOSIUM 5:00 PM – 6:00 PM

Breast Augmentation - Dual Plane Approach

Hall 2

Visit to the Aesthetic Village- Exhibition Area with Hi Tea (60 Min) 5:00 PM – 6:00 PM

HANDS-ON TRAINING WORKSHOP 6:00 PM – 7:00 PM

*Ticket required for Hands-on Training

101: Hands-on Threads Workshop

102: Hands-on Non HA filler workshop

103: Hands-on HA Filler Workshop

104: Hands-on Botulinum Toxin Workshop

105: PRP



Day 2. Saturday 19th Aug, 2017

HANDS-ON TRAINING WORKSHOP 7:00 AM – 8:00 AM

*Ticket required for Hands-on Training

- 201:** Hands-on Non HA (Semi-Permanent)' Filler workshop
- 202:** Hands-on Threads Workshop
- 203:** Hands-on FILLERS FOR HANDS with Anatomy Workshop
- 204:** Hands-on Botulinum Toxin Workshop
- 205:** Hands-on PRP Workshop

LECTURES 9:00 AM- 11:00 AM (120min)

SYMPOSIUM

1. Cadaver session : –Basic layers and Important Anatomical Regions while working for facial Rejuvenation (Volume Restoration and Ageing effects) (15min)
2. Fillers - Modern Soft Tissue Augmentation – (HA & Non HA)- A Journey from 2D Linear to 3D volumisation (10Min)
3. Smooth Filling – Lumps & Bumps. Where Do We Stand Today with Hyaluronidase. (10Min)
4. Needle Filling Vs Cannula Filling – what to Choose and why ? (10Min)

TO BE ANNOUNCED

Q/A (10Min)

5. Thread Lift – Is it essential for Total Facial Rejuvenation .The scientific Insight – Vectors and Actions (12 min)
6. Anatomical Expert Commentary – Importance of Threads and Fillers in combination for Full face approach (10Min) trail for further discussions
7. The Right Approach for choosing HA or Non HA filler. Patient Selection , Satisfaction and Physician's Goals (12 Min)
8. 8. PRP and Stem cell Therapy –Cellular Basis for Facial and Hair Rejuvenation (10 Min)

TO BE ANNOUNCED

Q/A (10Min)



Coffee Break 11:00 am to 11:30 AM

Day 2. Saturday 19th Aug, 2017

11:30 AM to 1:00PM (90 min)

LECTURES

9. Cadaver Session : Periorbital Dissection - Safe Injections (12Min)
10. Beauty is in the Eyes – Filling the eyes, Peri orbital Fine lines , Rhytides , Hollows (12Min)
11. Injection Around the eyes – What's New and What's Hot? Combo Toxins , Fillers (12Min)
12. Avoiding Complications around the Eyes. Enhancing your Results – Tyndall's , Lumps , Sausages (10Min) * don't cover blindness in it -a separate session has been dedicated for it
13. Thread Lift for the Eye Brows and Forehead - Simplest and Safest Techniques - what is HAPPY LIFT (10 Min)
14. Lipo-filling for Face – Basics and Pearls from the Experts (12 Min)
15. New Trends in the Male Beauty – The Masculine beauty – Pearls to improve your Results (8-10 Min)
16. Anatomical considerations while treating male patients differences in male and female parameters by Anatomy (10Min)

Q/A (10 Min)



LUNCH BREAK (60 MIN) 1:00 PM – 2:00 PM

**ANNUAL MEETING
&
HANDS-ON
TRAINING**

**THE ONLY PLATFORM OFFERING
HAND-ON TRAINING**

Annual Meetings & Hands-on Training Workshops
by AAMSP

Day 2. Saturday 19th Aug, 2017

2:00 PM – 3:00 PM (60 min)

LECTURES

1. Cadaver Dissection Temporal and Forehead Areas and Brows (12Min)
2. Filling the Temporal and Forehead Areas – what to use and what to choose (10 Min)
3. Avoiding complications in Forehead and Temporal regions – Danger zones. (10 min)
4. The Power of Rheology to predict your clinical results. One Size Fits All! Is it the Filler or THE FILLER? (Characteristics & Recommendations) (10 Min)
5. The Right Approach for choosing a Non H/A Filler . Patient Selection and Indications (10min)
6. The Perfect Lips - Anatomical Considerations & Aesthetics (10Min)
7. Natural Looking Lips -a Gradual Approach -Less is More (8Min)
8. Lips and Perioral Beautification. Toxins and Fillers Combo (10Min)

Q/A session (10 Min)

LECTURES 3:00 PM - 4:00 PM (60 min)

SYMPOSIUM 3:00 PM – 4:00 PM

9. The Beautiful Arched Brows – Fillers can do Miracles (10Min)
- 10.Toxin for the Upper Face . Migraine & Not Just the Beauty (10Min)
- 11.PRP –What are the trends and What to follow ? The Successful Protocol for combination Therapy (12Min)
- 12.Thread Lifting – Lifting the Sagging Face in Asian Patients (12-15Min)
- 13.Thread Lift – a combination approach with other therapies. What's New? (10 Min)

Multiplane Breast augmentation with tissue repositioning
STEP BY STEP SURGERY



COFFEE BREAK 4:00 PM to 4:30 PM

Day 2. Saturday 19th Aug, 2017

4:30 PM – 6:00 PM (90 min)

LECTURES

1. Cadaver Session : Mid Face Cadaver Dissection - Anatomical considerations (10Min)
2. The Fat Compartments and Spaces – Anatomical commentary by experts (Dr. Zia) (10Min)
3. The Happy Face Transformation – Filling to Perfection - New concepts in Filling (15Min)
4. Reducing and Managing complications. A Nodule Update – the protocol for a Non Resolving (6Min)
 - a. Q/A 10 Min
5. Facial Artery –Details and Danger Zones (12Min)
6. Immediate Ischemic Reaction –First 10Min evaluation (8 min)
7. Blindness – Prevention and Management. High Resolution U/S Guidance and Protection (12Min)

Q/A 10Min

HANDS-ON TRAINING WORKSHOP 6:00 PM – 7:00 PM

*Ticket required for Hands-on Training

211: Hands-on FILLERS FOR HANDS with Anatomy

212: Hands-on HA Fillers Workshop

213: Hands-on Threads Workshop

214: Hands on Threads and PDO Workshop

215: Hands-On HA Fillers Workshop



DINNER 8:30 PM – 10:30 PM

Day 3. Sunday 20th Aug, 2017

HANDS-ON TRAINING WORKSHOP 7:00 AM – 8:00 AM

*Ticket required for Hands-on Training

- 301:** Hands-on NON HA (SEMI-PERMANENT)* Filler workshop
- 302:** Hands-on FILLERS FOR HANDS with Anatomy Workshop
- 303:** Hands-on Botulinum Toxin Workshop
- 304:** Hands-on fillers HA Workshop
- 305:** Hands-on PRP

9:00 AM – 11:00 AM (160 min)

LECTURES

SYMPOSIUM

9:00 PM – 11:00 PM

- EBD – An Update for Facial Rejuvenation – Skin Clearance with Q switched devices (10Min)
- Sub mental fat reduction – non surgical options. Is Kybella a solution? – (10 min)
- RF and Fractional RF for Rejuvenation – the Skin Tightening & Luminosity (10Min)
- Ultrasound and RF for Neck and Jaw line (10Min)
- Controlled Sub Dermal Heating with RF – the wonders it is doing – the protocol and updates (12Min) Q/A (8 Min)
- The Cadaver Session: The Lower Face Dissection . Jaw line and Neck - Important Anatomical considerations with Aging (12 Min)
- Jaw line- A Distinctive Cosmetic Unit to fill. Building up a jaw line non-surgically. HA & Non -HA (15Min)
- Meseter – Reshaping the lower face. Toxins and Fillers combo (Meseter , DAO, platysma .) (Mainly Toxin) (12Min)
- Suspension Devices – Threads to Improve & restore the Jawline and Neck Laxity (15min)

Q/A (8 Min)

- Body lift
- Buttock lift
- Brachioplasty



Coffee Break 11:00 AM to 11:30 AM

Day 3. Sunday 20th Aug, 2017

11:30 AM – 1:00 PM (90min)

LECTURES

1. Submental Dissection -Cadaver session (8Min)
2. Filling the Chin -An aesthetic approach (8min)
3. Neocollagenesis ? Comparison H/A to Non H/A (10 Min)
4. Filling the Neck – Is that the Right Approach? HA – CrossLinked or UncrossLiinked ? (10Min)
5. Q/A (10Min)
6. Mandibular Nerve – Is it a real Danger or Myth (8 Min)
7. Hand Dissection – Anatomical Consideration (8 Min)
8. Hand Aging and Rejuvenation . choices and selection. HA /Non-HA / Fat Filling (12min)
9. Hyperhidrosis –neurotoxin –the best approach (10Min)

Q/A (10Min)

SYMPOSIUM

11:30 AM – 1:00 PM

TO BE ANNOUNCED



LUNCH BREAK (60 MIN) 1:00 PM – 2:00 PM



Day 3. Sunday 20th Aug, 2017

2:00 PM – 4:00 PM (120min)

LECTURES

1. PRP –Hair Restoration – Recommendations and protocols (12min)
2. SVF- Stem Cells for Hair Restoration (10min)
3. Hair Damage with Styling – Scientific insight and managing the damage – Hair Boosters /Oils/supplements (12Min)

Q/A (8Min)

4. Non –Surgical "Rhinoplasty "- How to Fill safely (10 Min)
5. Filling the Cheeks – The Hollywood Cheeks –(10min)
6. Comparative volumetry –Caucassians vs Asians – Anatomical Commentry (10Min)
7. Patient Satisfaction – considering Facial Rejuvenation – Surgical or Non Surgical Approach or Combination ? (10Min)
8. 5 Point approach to Attractive Lips

Q/A (10Min)

SYMPOSIUM

2:00 PM – 4:00 PM

TO BE ANNOUNCED



DINNER & CLOSING CEREMONY) 8:30 PM – 10:30 PM



**Academy of Aesthetic
Medicines & Surgery**

Hotel Information

INTERNATIONAL ANNUAL MEETING & HANDS – ON TRAINING WORKSHOP.
18th, 19th, 20th August, 2017.



MARRIOTT HOTEL ISLAMABAD

"They check-in, but they don't check out!"

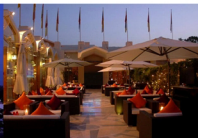
The Five-Star International Islamabad Marriott Hotel is located at the foot steps of the famous Margalla Hills and is within close proximity to Rawal Lake, the town centre, President & Prime Minister Houses, Ministry of Foreign Affairs, Senate, Parliament House, Foreign Missions, World Bank, Government Offices, corporate sector, Print and Electronic media offices etc. The Hotel is a favourite rendezvous of politicians, diplomats, businessmen and movers and shakers of the country. Owing to the perfect location of the hotel, it hardly takes half an hour to commute between the Hotel, the Islamabad International Airport and the places of interests.



Academy of Aesthetic
Medicines & Surgery

Academy of Aesthetic Medicines & Surgery is organizing the Annual Meeting & Hands-on Training 2017 in Marriott, Islamabad. Your conference organizers have worked hard on choosing the best location keeping in mind best security measures and a luxury experience for you. Our valued Trainers and Members can avail 10% discount on booking a room in Marriott. The reservation has to be made by AAMS Platform.

GET SPECIAL DISCOUNT ON ROOM RESERVATION BY BOOKING VIA AAMS PLATFORM. CONTACT 051 8435872, info@aamsp.com.pk, www.aamsp.com.pk



Hotel Information

INTERNATIONAL ANNUAL MEETING & HANDS – ON TRAINING WORKSHOP.
18th, 19th, 20th August, 2017.

Executive Rooms - Guest room, King or Twin/Single Bed(s), Mountain view

The Marriott Hotel Islamabad, Pakistan offers accommodation in comfortable rooms. These rooms provide stunning views of the Margalla Hills.



This room features Executive lounge access. The executive room type offers mobility accessible rooms. 24 hours room service, complimentary bottled water, instant hot water and mini bar are some of its features. Business services are available but they come with a fee. Hi-speed wireless internet and international cable/satellite available. The room has a clean and beautiful bathroom with a bath tub and bath accessories. Hair Dryer available.

Room Features

- 363sqft/33sqm
- Air-conditioned
- This room is non-smoking
- Connecting rooms are not available
- Walk-in closet
- Windows, soundproof

Enjoy your stay

*Avail 10% Discount by booking from
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at affordable price. Offer for Early birds only!*

For information:

051-8435872 | info@aamsp.com.pk

All the rooms offer:

- Central heating and cooling
- Dual-line telephones with voice mail
- Flat screen HDTV with international channels
- Attached bathrooms with bathtub and shower
- Penhaligon's bath amenities
- Valet, laundry, shoe shine
- Mini bar
- 24-hour room service
- Hair dryers
- Deposit box
- Complimentary newspaper
- Internet and Wi-Fi access

Marriott
HOTELS - RESORTS - SUITES



Flight Information

INTERNATIONAL ANNUAL MEETING & HANDS – ON TRAINING WORKSHOP
18th, 19th, 20th August, 2017.

OFFER FOR EARLYBIRD MEMBERS ONLY

SereneAir is Pakistan's premium airline on a mission to rejuvenate domestic flying experience. With its avant-garde technology, expansive destinations, eclectic cuisine and top notch service, SereneAir aims to provide an aviation experience like never before.



SereneAir

SereneAir makes bold promises with its fleet of Boeing 737-800s which are famous for their efficiency and superb safety record. We aspire to provide travellers with a timeless journey, owing to our skilled and professional crew.

A blend of excellence, ambition and customer care is what will God willing propel SereneAir as one of the leading names in the industry and inspire travellers to experience serenity like never before

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18, 19, 20 August, 2017

*Join Us for learning from
the experts*

INTERNATIONAL ANNUAL MEETING & HANDS - ON TRAINING
WORKSHOPS.

Academy of Aesthetic
Medicines & Surgery

Conference is mainly for the benefit of
Plastic surgeons , Dermatologist , Facio-plastic surgeons



Academy of Aesthetic
Medicines & Surgery

ANNUAL MEETING& HANDS- ON WORKSHOPS REGISTRATION FORM

2017 – August 18th, 19th, 20th

To be held in Marriott Hotel, Islamabad

“The only platform offering Hands-On
Training with the experts”



PAKISTAN
ASSOCIATION
OF
PLASTIC SURGEONS

IMCAS

Please complete this Annual Meeting & Hands-on Training registration form.

GENERAL INFORMATION

Name: _____

CNIC: _____

Organization: _____

Mailing Address: _____

City: _____ Telephone: () _____

E-mail: _____ Web Site Address: _____

In case of *emergency*, please contact:

Name: _____ Telephone: () _____

PHYSICIAN CATEGORY

- ☐ Physician PAPS/PADS Member
- ☐ Physician Non Members
- ☐ Physician Non Members (Foreign Delegates)

Early Bird
till 15th June 2017

10,000/-

20,000/-

200 USD

Regular
16th June- 10th
August

15,000/-

25,000/-

250 USD

Late/On-site
11th August 2017
onwards

20,000/-

30,000/-

300 USD

My PAPS/PADS membership number is: _____

RESIDENT CATEGORY

- ☐ Postgraduate Trainee

Early Bird
till 15th June 2017

6,000/-

Regular
16th June- 10th
August

10,000/-

Late/On-site
11th August 2017
onwards

15,000/-

WORKSHOP& SYMPOSIUM

Luncheon and dinner are included in the registration fee including **GALA DINNER (MONAL RESTAURANT)**. However, you may purchase additional hands-on training workshop(s).

Trainer Name					
DAY & TIME	ROOM 1 PIERRE NICOLAU	ROOM 2 CONSTANTINE STAN	ROOM 3 RAMI HAIDAR	ROOM 4 GABRIELA CASABONA	ROOM 5 TARIQ DAR
FRIDAY 6:00 PM - 7:00 PM	101 THREADS	102 FILLERS NON HA	103 FILLERS HA	104 BOTULINUM TOXIN	105 PRP
SATURDAY 8:00 AM – 9:00 AM	201 FILLERS NON HA	202 THREADS	203 FILLERS for HANDS with Anatomy	204 BOTULINUM TOXIN	205 PRP
SATURDAY 6:00 PM – 7:00 PM	211 FILLERS for HANDS with Anatomy	212 FILLERS HA	213 THREADS	214 THREADS PDO	215 FILLERS HA
SUNDAY 8:00 AM – 9:00 AM	301 FILLERS NON HA	302 FILLERS for HANDS with Anatomy	303 BOTULINUM TOXIN	304 FILLER HA	305 PRP

Please check the workshop(s) for which you want to register.

Sr. Code	HANDS ON TRAINING NAME	Price (PKR)	Price (USD)
☐ 101	Hands-on Threads Workshop	18,000/-	\$180
☐ 102	Hands-on Non HA filler Workshop	15,000/-	\$150
☐ 103	Hands-on HA Filler Workshop	12,000/-	\$120
☐ 104	Hands-on BOTULINUM TOXIN Workshop	9,000/-	\$90
☐ 105	PRP	7000/-	\$70
☐ 201	Hands-on Non HA Filler Workshop	15,000/-	\$150
☐ 202	Hands-on Threads Workshop	18,000/-	\$180
☐ 203	Hands-on FILLERS FOR HANDS with Anatomy Workshop	20,000/-	\$200
☐ 204	Hands-on BOTULINUM TOXIN Workshop	9,000/-	\$90
☐ 205	Hands-on PRP Workshop	7,000	\$70
☐ 211	Hands-on FILLERS FOR HANDS with Anatomy	20,000/-	\$200

☐	212	Hands-on HA Fillers Workshop	12,000/-	\$120
☐	213	Hands-on Threads Workshop	18,000/-	\$180
☐	214	Hands on Threads and PDO Workshop	15,000/-	\$150
☐	215	Hands-On HA Fillers Workshop	12,000/-	\$120
☐	301	Hands-on Non HA Filler workshop	18,000/-	\$180
☐	302	Hands-on FILLERS FOR HANDS with Anatomy Workshop	20,000/-	\$200
☐	303	Hands-on Botox Workshop	9,000/-	\$90
☐	304	Hands-on fillers HA Workshop	12,000/-	\$120
☐	305	Hands-on PRP	7000/-	\$70
☐		<i>Special workshop on Fillers for (hands on) Hand Rejuvenation with Anatomical Guidelines</i>	20,000/-	\$200
☐		<i>Cadaver Anatomy Symposium for Physicians.</i>	5,000/-	\$50
☐		<i>Cadaver Anatomy Symposium for Trainees (full face anatomy with relevance to anatomy zone)</i>	4,000/-	\$40
☐		<i>Fat filling symposium and Nano fat graft (non Hands-on)</i>	5,000/-	\$50
☐		<i>Step by Step Mutilplane Breast Augmentation</i>	3,000/-	\$30

PAYMENT INFORMATION

PAYMENT OPTIONS (Check one): ☐ Bank Transfer ☐ Western union

All payments to be made at IBAN: **PK43 MEZN 0003 0801 0245 8744**
ACADEMY OF AESTHETIC MEDICINE AND SURGERY, MEEZAN BANK.

I authorize AAMS to charge for my conference membership dues and special hands-on training workshop(s) as requested in the total amount of PKR/USD

Signature: _____

Name: _____



Cancellation and Refund Policy

In case of cancellation two weeks prior to event, 80% fee is refundable. In case the cancellation is requested within two weeks of event, 50% fee will be refundable. **Registrations will not be processed if payment is not made.** For details call us at 051-8435872

A Note about Booking Your Flight

Your conference organizers have worked hard to get the best possible discount for passengers flying from Quetta and Karachi with Serene Air. Booking has to be made through AAMS platform. Further information contact us 051-8435872 or email us at info@aamsp.com.pk. Visit our website at www.aamsp.com.pk



A Note about Booking Your Hotel

Book your stay at official AAMS conference hotel at Marriott Hotel to get discount. Booking has to be made through AAMS platform. We urge you to book your stay at this hotel to enjoy your conference stay. Further information contact us 051-8435872 or email us at info@aamsp.com.pk. Visit our website at www.aamsp.com.pk



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*On-Site Registration Starts
18th Aug, 2017 at 12:00 PM*



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